



## **2016 Census Bulletin: Age and Sex Counts**

Kingston, Ontario– Census Metropolitan Area (CMA)

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The 2016 Census Day was May 10, 2016. On May 3, 2017, Statistics Canada released its second set of data from the 2016 Census, the age and sex counts.

This summary reflects the Kingston CMA geographic boundaries which include the following Census Sub Divisions (CSDs); City of Kingston, South Frontenac, Frontenac Islands and Loyalist Township.

### **Who is counted in the Age and Sex Population Counts?**

In the Census, persons are counted in their “usual place of residence” defined as the dwelling in which the person usually lives.

- Persons refer to permanent residents (Canadian citizens, landed immigrants) and non-permanent residents (refugee claimants, persons from another country with a work or study permit and family members living here with them).
- Not included in the Census count are government representatives from other countries attached to embassies; members of armed forces from other countries stationed in Canada; residents of other countries visiting Canada temporarily (visitors on vacation or business with or without a visitor’s permit).
- For those with no residence (homeless population), they are counted where they stayed on the reference day of May 10, 2016
- The usual residence for students is that of their parents, if they return to live with their parents during the year even if they live elsewhere while attending school or working at a summer job. Therefore, many of the more than 30,000 post-secondary students attending Queens, St. Lawrence and RMC full-time and part-time are not counted in the Kingston population numbers. This difference was factored into changes in municipal electoral boundaries for the 2014 election.
- The usual residence for those who have lived in an institutional “collective dwelling” for six months or more is the location of the collective dwelling. These include correctional institutions, hospitals, nursing homes, group homes, chronic and long term care hospitals.
- Those residing temporarily in student residences, military barracks, and hospitals that have a usual place of residence elsewhere in Canada are counted in their home community.
- Canadian government employees, including Canadian Armed Forces personnel, residing outside Canada determine a geographic location for their usual place of residence using the address they used for election purposes or their last permanent address.

## Age and Sex Summary

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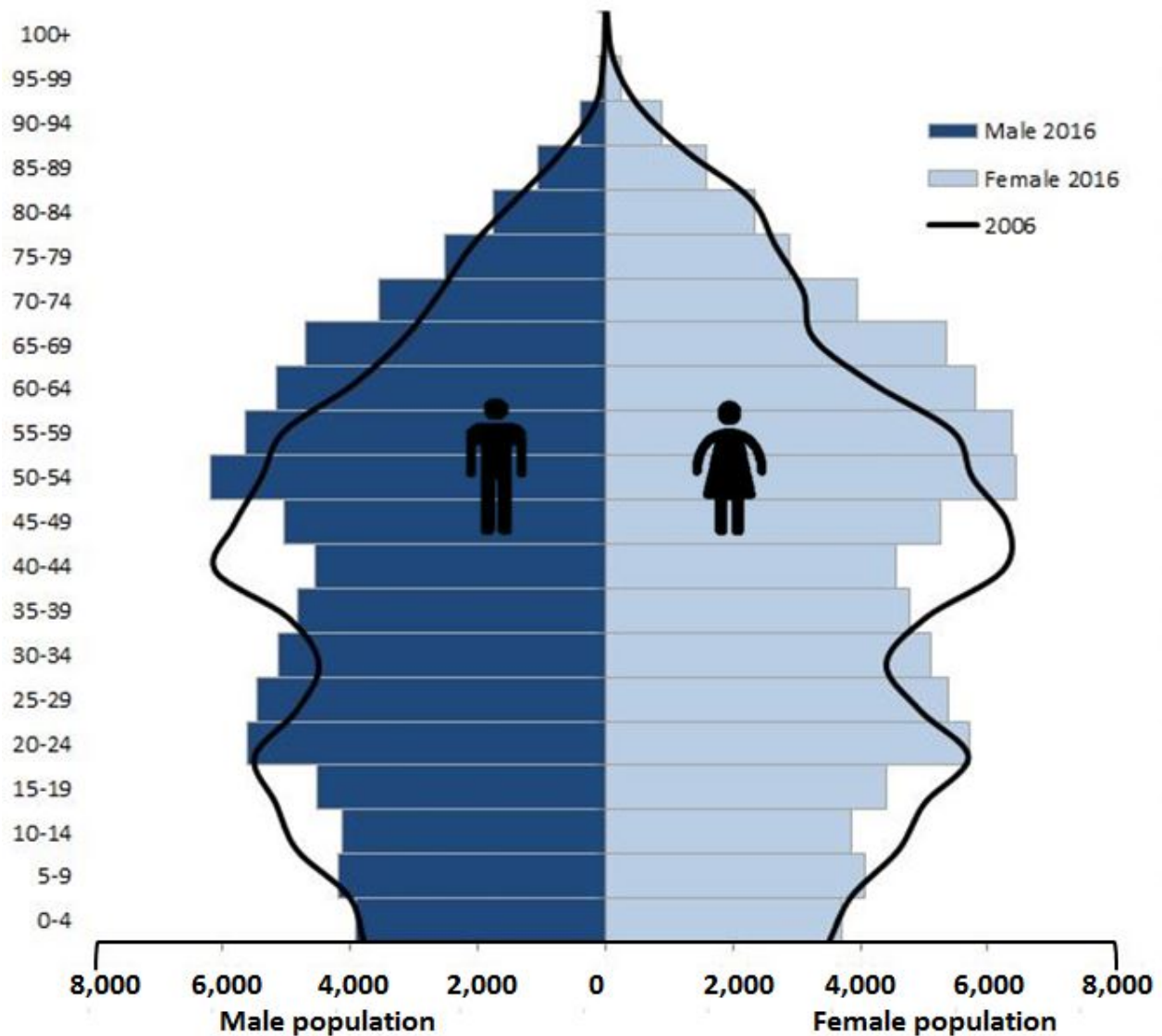
- Age groups refers to the age at last birthday before May 10, 2016
  - Sex refers to whether a person is male or female, or the sex which they most associate themselves with.
  - The 2016 population of Kingston CMA was 161,175, which is 1.2 % of the population of Ontario (13,448,494). The population for the City of Kingston was 123,798.
  - Kingston's CMA population was 51% (82,710) female and 49% (78,465) male.
  - The 15-64 age group was the largest proportion of the population (65.8%), this same group had the most significant population change from 2011 to 2016 (-3.4%)
  - The largest population change from 2011 was 20.4% in the 65 and over broad age group, which is slightly higher than the change in Ontario within the same age group (19.9%)
  - There was a slight increase in the percentage of the population 0 to 14 years of age from 2011 to 2016 (0.1%). In 2016, 14.8% of the population was 0 to 14 years of age.
  - More data from the Census will be released in the coming months to help identify changes in Kingston and the surrounding area.
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**Figure 1: Kingston CMA – Population by Age Groups, 2001 – 2016**

	2001		2006		2011		2016	
	Number	Percent	Number	Percent	Number	Percent	Number	Percent
0-14	26000	17.7	24,600	16.1	23,880	15.0	23,910	14.8
15-29	30210	20.6	31,160	20.5	34,075	21.4	31,110	19.3
30-44	34050	23.2	31,265	20.5	29,365	18.4	28,935	18.0
45-64	35770	24.4	41,980	27.6	46,260	29.0	45,955	28.5
65+	20820	14.2	23,365	15.3	25,975	16.3	31,270	19.4
Total	146840	100.0	152,360	100.0	159,555	100.0	161,175	100.0

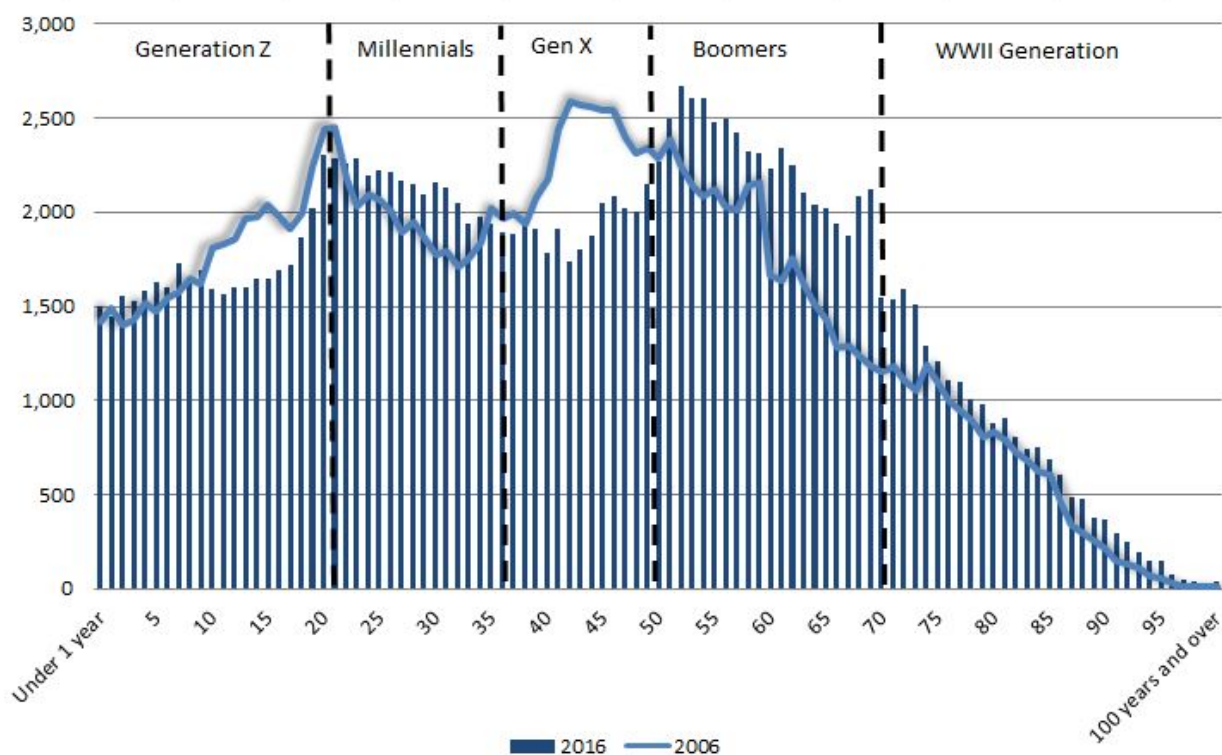
Although it was the first time in census history that Canada as a whole saw a larger distribution of seniors than children, Kingston CMA first saw this trend in 2011. Since 2001 there has been a decrease in the distribution of children and an increase in adults over the age of 65.

**Figure 2: Kingston CMA – Population Pyramid, 2016 and 2006**



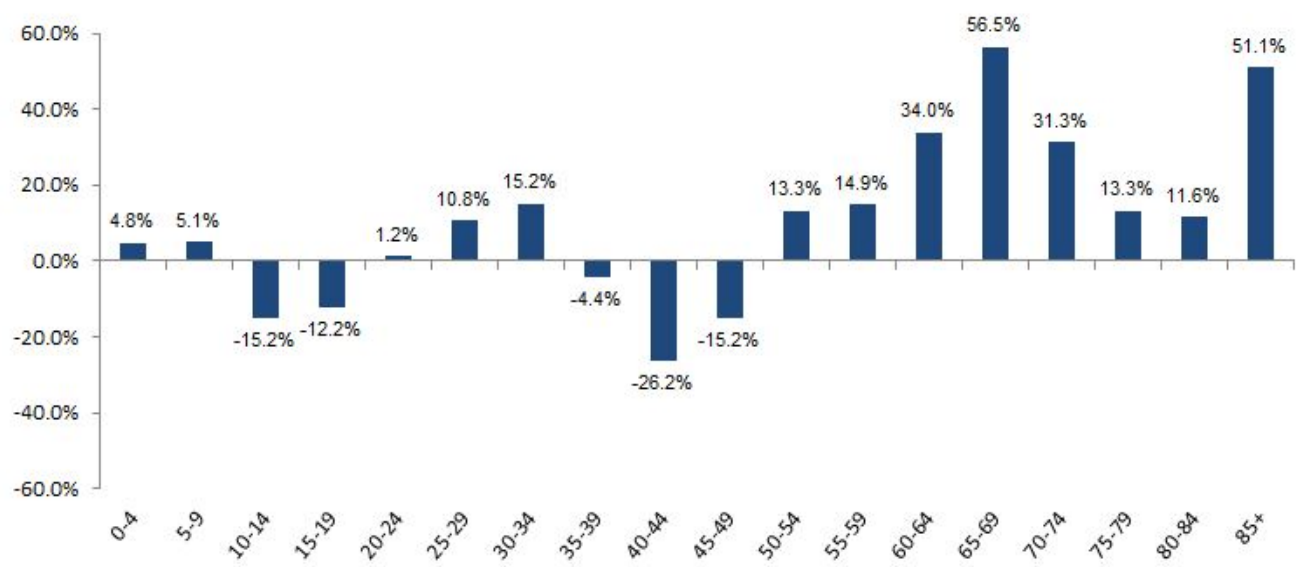
In 2016, Kingston CMA's ratio of males to females was 95 males for every 100 females. This ratio tends to decrease as age rises. In fact, within the younger age categories there were more males to females, up to the 40 to 44 age group. The ratio of males to females begins to significantly decline after the age of 85 where there are 56 males to every 100 females.

**Figure 3: Kingston CMA – Population by Generations, 2016 and 2006**



The total population of Kingston CMA grew by 1.0% from 2011 to 2016; there were larger growth in some age groups than others. The highest growth from 2011-2016 was between the ages of 65 to 74. This age group representing the baby boom generation saw an increase of 27% from 2011 to 2016.

**Figure 4: Kingston CMA – Population Change by Age Groups, 2006 to 2016**

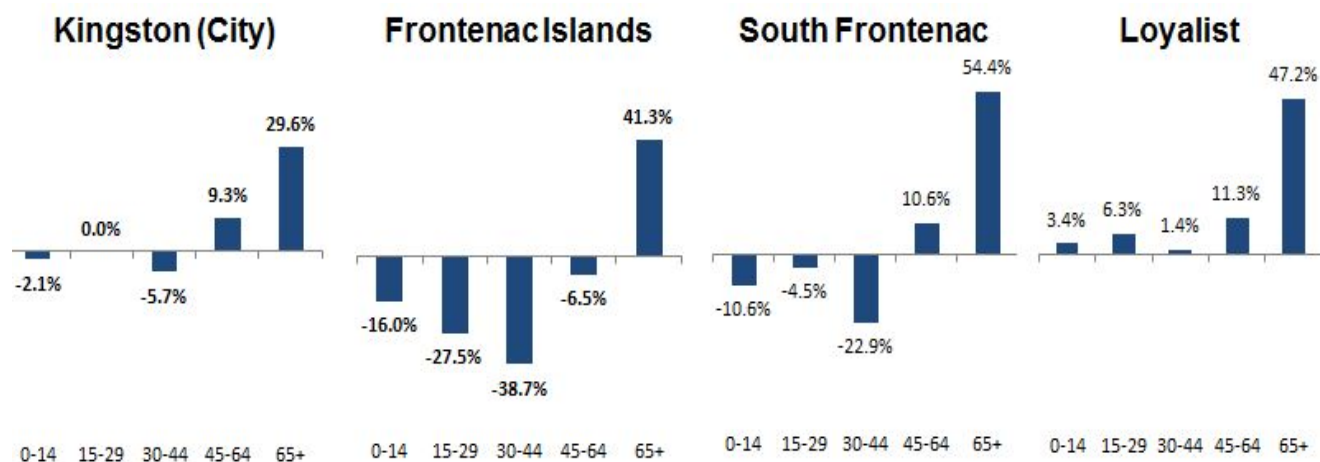


Source: Statistics Canada, Censuses 2001-2016

**Figure 5: Kingston CMA and Census Subdivisions (CSD)  
Population by Age Groups, 2016**

	Kingston CMA		Kingston (City)		Frontenac Islands		South Frontenac		Loyalist	
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	Number	Percent
0-14	23,910	14.8	18,105	14.6	210	11.9	2,985	16.0	2,610	15.4
15-29	31,110	19.3	25,510	20.6	185	10.5	2,780	14.9	2,635	15.5
30-44	28,935	18.0	22,470	18.2	190	10.8	3,030	16.3	3,240	19.1
45-64	45,955	28.5	33,710	27.2	645	36.6	6,530	35.0	5,065	29.8
65+	31,270	19.4	24,020	19.4	530	30.1	3,320	17.8	3,415	20.1
Total	161,175	100.0	123,795	100.0	1,760	100.0	18,645	100.0	16,970	100.0
Average Age		42.5		42.3		50.4		43		43.3

**Figure 6: Kingston CSD – Population Change by Age Groups, 2006 to 2016**



The City of Kingston has the largest population within Kingston CMA and also represents the highest proportion of individuals in the working age group of 15-64 (66%). South Frontenac and Loyalist had the highest proportion of young children in 2016 and Frontenac Islands has the highest proportion and population change within individuals over the age of 65 from 2011 to 2016. There was significant growth in the population of individuals over the age of 65 in all four areas of Kingston CMA.

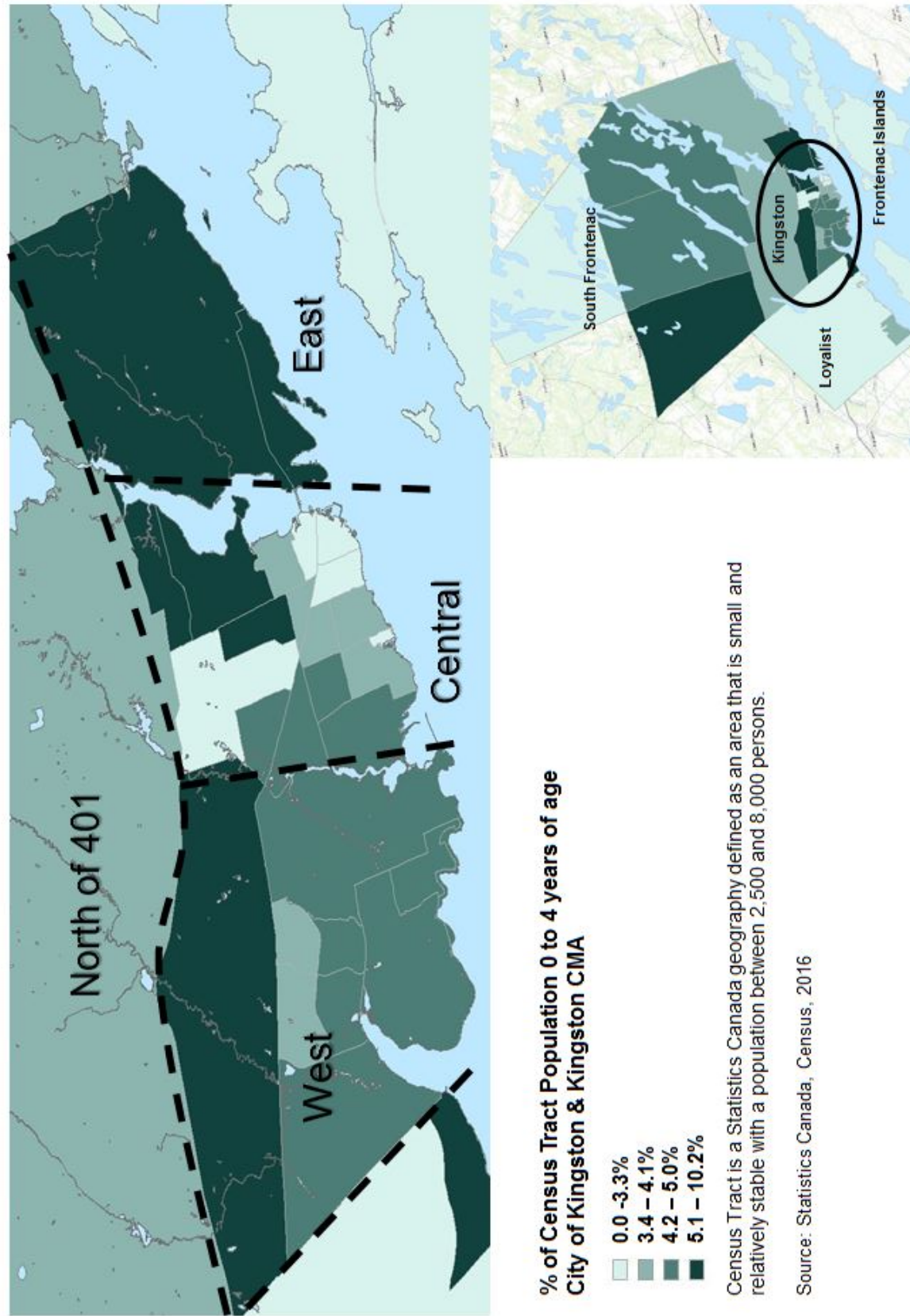


**Figure 7: Kingston CMA and CSDs – Population by 5 year Age Groups, 2016**

	Kingston CMA			Kingston CY			Frontenac Islands TP			South Frontenac TP			Loyalist TP		
	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female
<b>Total - Age</b>	161175	78470	82710	123795	59580	64215	1760	885	870	18645	9305	9345	16970	8695	8275
0 to 4 years	7625	3915	3700	5870	3035	2835	50	20	25	900	440	455	805	415	390
5 to 9 years	8280	4200	4080	6255	3155	3095	65	40	25	1025	525	505	930	480	450
10 to 14 years	8005	4145	3865	5980	3100	2880	90	45	45	1060	535	530	875	460	415
15 to 19 years	8945	4530	4415	6855	3450	3410	80	45	35	1120	575	540	885	455	435
20 to 24 years	11335	5625	5710	9500	4640	4855	55	35	20	920	480	440	865	470	395
25 to 29 years	10830	5460	5370	9155	4595	4560	50	25	25	740	370	370	885	465	420
30 to 34 years	10245	5130	5110	8240	4135	4110	40	15	30	940	450	490	1020	535	485
35 to 39 years	9570	4815	4760	7440	3740	3700	70	35	30	975	475	505	1090	570	515
40 to 44 years	9115	4555	4560	6790	3360	3425	80	35	45	1115	550	565	1130	600	530
45 to 49 years	10300	5035	5265	7650	3690	3960	100	55	50	1445	705	740	1105	590	515
50 to 54 years	12645	6200	6445	9320	4535	4780	165	85	85	1735	845	890	1425	735	690
55 to 59 years	12045	5650	6395	8830	4075	4760	180	85	95	1750	835	915	1280	650	630
60 to 64 years	10960	5170	5795	7910	3670	4240	195	100	100	1600	790	810	1255	610	645
65 to 69 years	10045	4700	5345	7255	3290	3970	200	100	105	1350	715	635	1240	595	640
70 to 74 years	7480	3545	3935	5545	2545	3000	145	75	75	890	470	425	900	460	445
75 to 79 years	5395	2510	2890	4180	1865	2315	90	55	35	585	300	285	545	290	255
80 to 84 years	4085	1760	2325	3395	1430	1960	50	25	25	290	145	145	355	160	200
85 to 89 years	2640	1060	1580	2255	880	1375	30	10	20	140	70	70	220	100	115
90 to 94 years	1245	380	865	1075	325	745	10	0	0	45	15	25	120	35	90
95 to 99 years	330	80	250	285	70	210	0	0	5	15	0	15	30	10	25
100 years and over	40	5	30	30	5	25	0	0	0	5	0	0	5	0	5
<b>Average age</b>	42.5	41.4	43.6	42.3	40.9	43.5	50.4	50.2	50.7	43	42.9	43	43.3	42.6	44.1

Source: Statistics Canada, Censuses 2001-2016

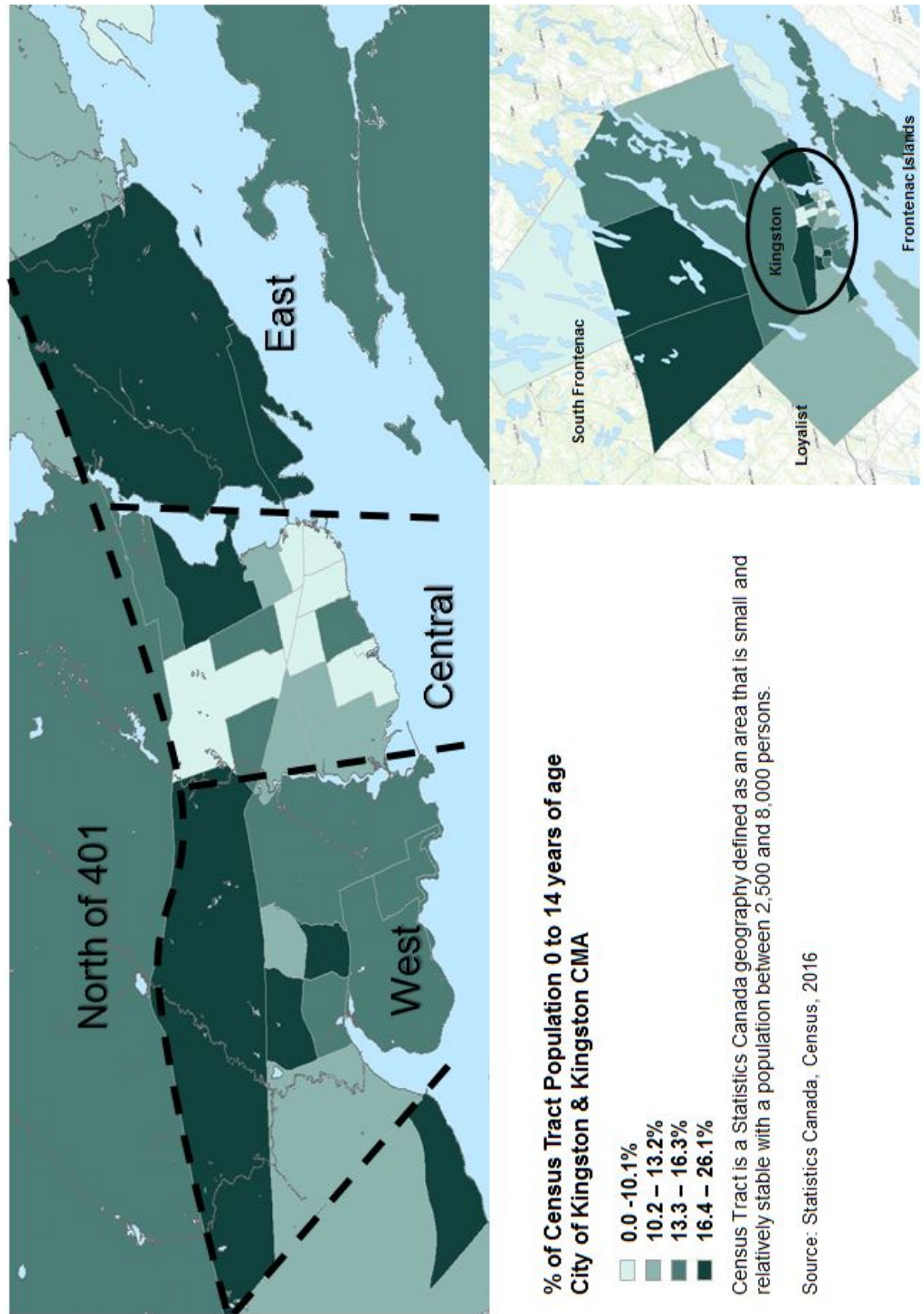
**Figure 8: Kingston – Percent of Census Tract Population 0-4 years of age, 2016**



Source: Statistics Canada, Censuses 2001-2016



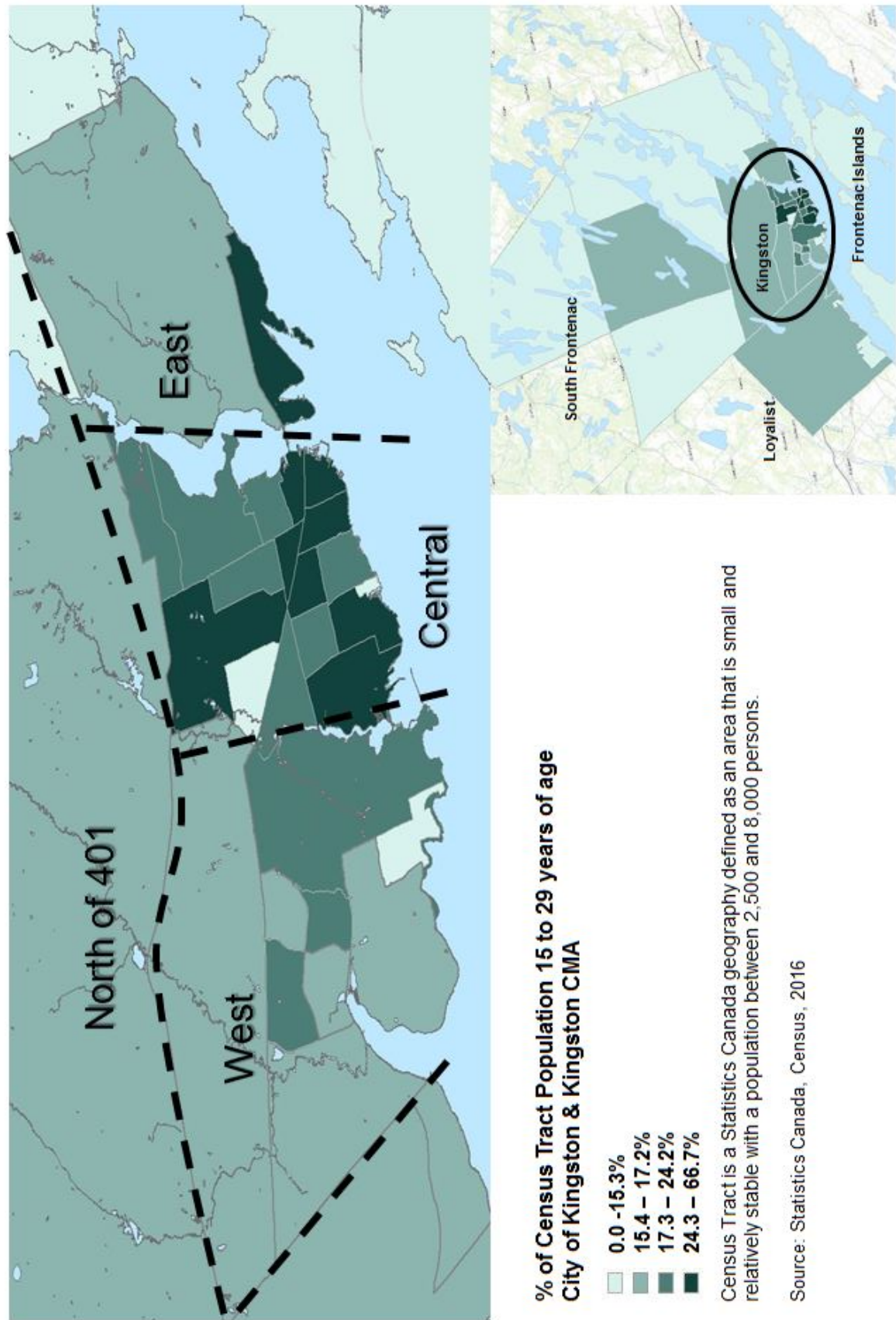
**Figure 9: Kingston – Percent of Census Tract Population 0-14 years of age, 2016**



Source: Statistics Canada, Censuses 2001-2016

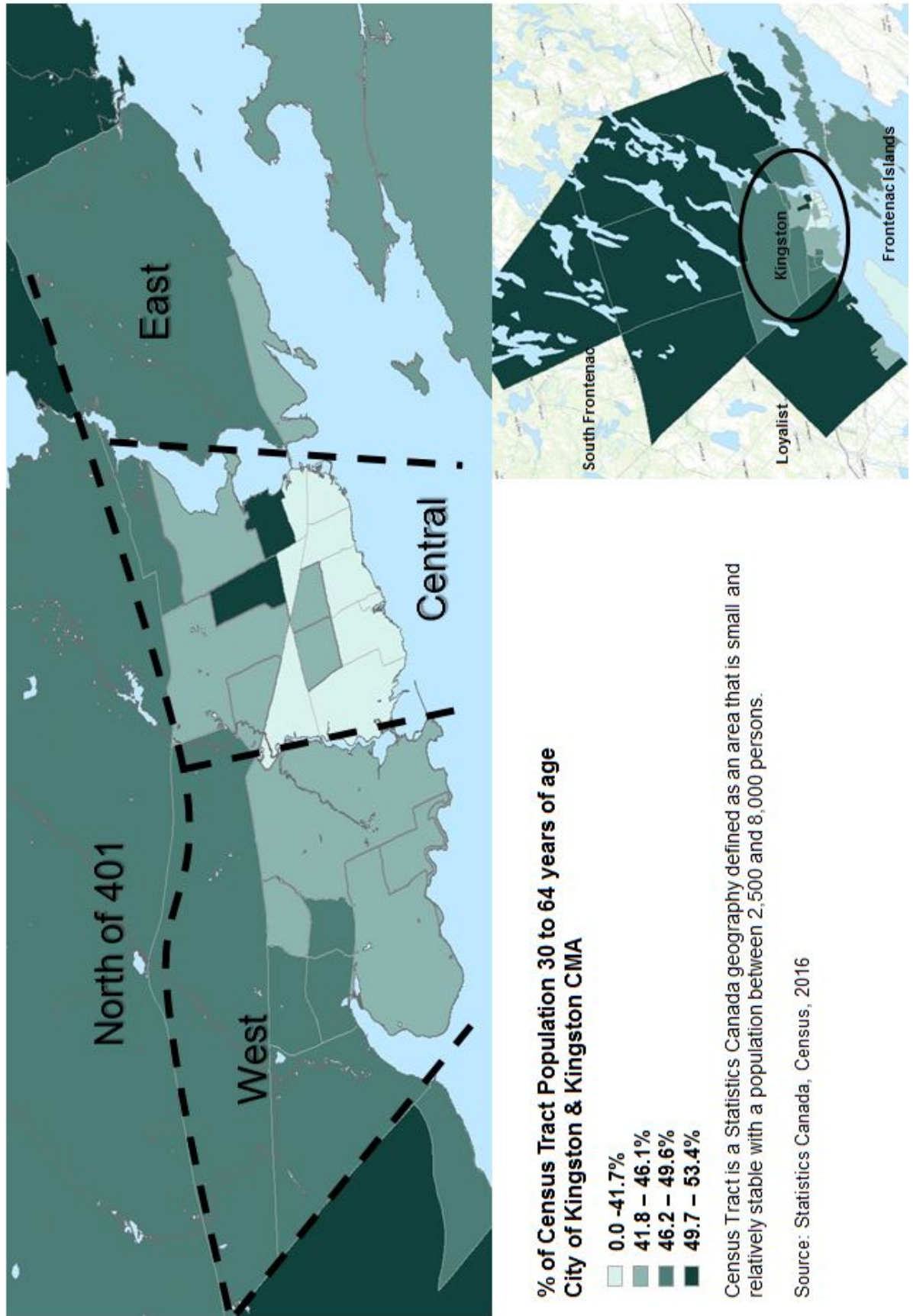


**Figure 10: Kingston – Percent of Census Tract Population 15-29 years of age, 2016**



Source: Statistics Canada, Censuses 2001-2016

Figure 11: Kingston – Percent of Census Tract Population 30 – 64 years of age, 2016



Source: Statistics Canada, Censuses 2001-2016



**Figure 12: Kingston – Percent of Census Tract Population over the age of 65, 2016**



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Source: Statistics Canada, Censuses 2001-2016